

The diagram shows a mechanical system with a vertical rod and a rotating arm. The vertical rod is fixed at point A at the bottom and has a support at point B. A coordinate system (ξ, η) is centered at A, with ξ pointing upwards and η pointing to the right. The vertical rod has a total height of $4l$ from A to B. A horizontal arm of length $4m$ is attached to the rod at a height of $2l$ from A. At the end of this arm is a vertical segment of length $4m$, which is connected to a rotating arm of length $3m$. The rotating arm is at an angle α to the horizontal. A mass m is attached to the end of the rotating arm. The vertical rod is subjected to a constant upward velocity $w = w_0 = \text{const}$. The horizontal distances from A to the various segments are $2l$, l , $2l$, and l respectively.